

# THE BRIDGE

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*"Diverse in Backgrounds, United in Faith"*

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Dear Friends,

We spent the month of July learning about Sabbath, and practicing it as a church community. Now, we want to let the practice of Sabbath come home with us, too. During the month of August, I challenge each of you to practice Sabbath at home once a week. If you live with other Trinity members or attendees, I encourage you to engage in Sabbath as a family. It is up to you what form this Sabbath takes. Ideally, we would each take a full day of rest and renewal.

I can hear those of you with children starting school in August laughing already.

I hesitated before asking you to take this home this time of year, but here's the thing: Sabbath isn't convenient. That's part of the point! Sabbath takes work and intentionality. Obviously, if Sabbath is something you've never practiced or that needs to be seriously dusted off, it's ok to take baby steps. I'd encourage you to incorporate something restful in your life that isn't already there. Perhaps Sabbath, at the beginning, may mean one family dinner a week or sleeping late one morning. Perhaps you don't check your email all day Saturday. It could be as simple as finally reading that book that's been sitting on your night stand for months. Sunday is traditional for Sabbath, but for those of us who work another day may be more ideal. The point is to take time each week, as close to a full day as possible, to rest.

That's it. Once a week. Rest. Preferably in a way you haven't before.

Here's what Sabbath isn't: Sabbath isn't like the fasting we do around Lent where we give something up. Sabbath may mean saying no, but you're not "doing without" - you're gaining something special. So if reading is a pain, don't do it. If email is the one way you connect with people you love and it gives you unending joy, then check it. If family dinners make you break out in hives, then eat by yourself! You know what is restful, and if you don't, then your challenge this month can be to figure it out.

I'll use myself as an example. Sundays obviously aren't an option for a day of rest for me. Really, any full day gets tricky depending on the church calendar. Sabbath at my house

*Continued...*

comes in bursts, so I need to work with that. Charlie and I also spend plenty of quiet time at home (admittedly, working on laptops). So, for the month of August, we've decided that one night a week we are going to go to dinner and a movie. For many of you, this wouldn't be a big deal, and it's not that we've never gone to dinner and a movie before. But we normally cook at home, and are available by cell phones 24/7. To go out and shut off our phones once a week will be challenging, but a welcome rest from our regular pace. I also fully anticipate failing and texting during at least one of these evenings. As I said above, baby steps!

So that we can bring these experiences back to worship, we will have a Sabbath Station in the Sanctuary on Sundays. Each week, you'll be asked to write whatever Sabbath practice you did the week before and display them with the others. This won't be to compete or show off, but to share ideas and to celebrate together the ways in which God's holy rest is growing in our lives. It will be a challenge and, hopefully, a joy!

Blessings, Elizabeth



**WEEKLY PRAYER LIST**

This list of members at Trinity has been organized for the purpose of being lifted up in prayer during the week. We look forward to God's blessings as we pray for one another. During the month please pray for these:

- Aug. 7:** Cathy Ruppert  
Peter & Jini Sachse  
Jerry & Irene Schmitt
- Aug. 14:** George & Brenda Scott  
Bob & Allison Seed  
Matt & James Seward & Woody Bradshaw
- Aug. 21:** Mary Zoe Shelley  
Rick & Mari Shineman  
Richard Shineman
- Aug. 28:** Steven, Kristina, & Aubrey Shineman & Austin Sinclair  
Dani Sloan



The Trinity Church family sends its sincere love and sympathy to the family of Becky Clayton Smyth, who died on Wed., July 20. We especially lift up her sister, Jan Privett and niece, Stacia Martin.

Also, Trinity sends its love and sympathy to Cheryl and Todd Rose upon the death of his daughter, Krystle Logston on Thursday, July 14. Her services were held on Friday, July 22.



**For July and August, the church office will be open from 8:30 a.m. – 1:00 p.m. on Tuesday – Thursday. The office will be closed on Fridays.**



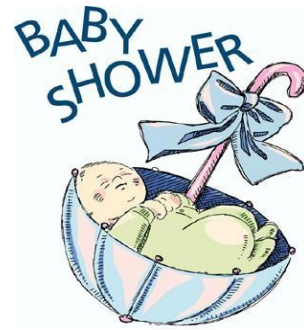
## AUGUST BIRTHDAYS

- 2 Beverly Thieme  
Donna White
- 5 Jennifer Gabel  
Ally Garnett-Washburn
- 6 David Lyons, Sr.
- 12 Jane Cooper
- 14 Stacia Martin
- 17 Daniel Nickens
- 18 Betty Miller
- 23 Bob Gabel
- 24 Max Nickens  
Yoly Snell
- 25 Joyce Rich
- 26 Keith Martin  
Marian Carr
- 27 Colby Lyons
- 29 Lara (Susie) Anderson
- 30 Sandra Bellew



## AUGUST ANNIVERSARIES

- 2 Paul & Sondra Tivis
- 7 Joe & Mary Daniel  
Bill & Lynda Hansen
- 9 Dennis & Jewel Lawson  
Rick & Mari Shineman



Please join us as we celebrate at a baby shower for Jenna Zakrajsek on Sunday August 7 in Founders Hall right after church services. Hosted by Trinity's Women's Group, a light lunch will be served. Jenna and her husband Kyle Palmer are expecting a boy in September (due on Kyle's birthday!) and are registered on Amazon.



*On the first Day of the Week*

*"The people came together..."*

*Worship Services:*

July 3	.....102
July 10	..... 114
July 17	..... 84
July 24	..... 69
July 31	.....Not Available

*"and the people gave . . . "*

July 3	.....\$4,561.00
July 10	.....2,935.70
July 17	.....1,699.18
July 24	..... 1,088.74
July 31	..... <u>Not Available</u>
Total	..... \$10,284.62

**Coming Soon ...**

**RALLY DAY/OUTDOOR WORSHIP  
September 11<sup>th</sup>**



## T.I.G.E.R.s CORNER

T.I.G.E.R.s questions call  
Becky Layman at 830-4066

August 7: 11:30 a.m. - T.I.G.E.R.'s  
August 21: 11:30 a.m. - T.I.G.E.R.'s

Don't forget to check out our Facebook page "Trinity T.I.G.E.R.S. Youth Group" to keep up with our activities.

We are still taking donations of non-expired vegetable seeds for this year's Festival of Sharing. You can drop off any seed packages in our collection basket located on the table by the front doors.

Festival of Sharing is October 14th & 15th. Sign up deadline will be our August 7th meeting

**Dear Adults:** To make any of our youth activities work we need adults to volunteer to supervise & possibly provide transportation. Please let me know if you would like to support the youth on any of our events. We would greatly appreciate your support & enjoy having you join us.



The Sew & So's are a sewing group of ladies that make quilts and lap robes and donate them to various organizations. In order to buy the fabric needed, they collect Best Choice Bar Codes and turn them in at the close of each year for cash. Please help them by saving the Bar Codes and place them in the Morning Circle mail box across the hall from the Colonial Room. Thank you, Trinity, for your help. We have already collected 655 Bar Codes for 2016. Please keep saving!



## HYMN SING

Sunday, August 14  
10:30 a.m.



## MUSICIANS NEEDED

As the choir takes a much-deserved Sabbath from weekly anthems this summer, all musicians in the church are invited to offer solo or small group pieces for special music in worship. If you feel the Spirit moving you to serve in such a way, please call Jack Palmer at 728-6646.



## WHO'S WHO?

Can you guess the church member  
who ....

- 1..... was born in Calcutta, India?
- 2..... is a child of a school superintendent?
- 3.... has never had the flu?

Answer is on the Last page!

## TRINITY'S NEW CHOIR DIRECTOR

Kristopher Taylor grew up with a rich musical heritage that included choral, orchestral, and gospel genres. As a student, he studied at Brigham Young University, Central Missouri State University, and UMKC Conservatory of Music and Dance, and he participated in a distance research program through The Florida State University. He holds degrees in voice performance, choral conducting, and music education. As a composer/arranger, Kristopher has



written choral literature that spans from SATB to two-part youth choir settings. He has studied under and attended master-classes with Dr. Doug Helvering, Morton Lauridsen, and Stephen Paulus. Three of his 'Americana' arrangements are being published as a set of variations on American folk tunes by Santa Barbara Publishing Inc. As a singer, Kristopher has performed with the BYU Singers, the Grammy nominated Mormon Tabernacle Choir, William Baker Festival Singers, and Vox Luminese Chamber Choir, and he has recorded media projects with San Francisco based men's ensemble Chanticleer. He has been a chorister and soloist in the Highland Music Festival, in Edinburgh, Scotland, and has participated in concerts in Carnegie Hall, The National Cathedral, Christ-Church Abbey, and London's famed Southwark

Cathedral. He has also been selected for membership in the Tallis Scholar Summer Camp program under directors Rebekah Gilmore and Peter Phillips.

As a conductor, Kristopher has worked with Mack Wilberg, Craig Jessop, Ron Staheli, Jo-Michael Scheibe, and Peter Bagley, among others. He has directed the BYU-Idaho Jazz and Sym- phonic Bands, is the assistant director the Center Place Singers, and serves as artistic director of the Voices of Praise youth choir. He founded The Ancora Chorale in 2011. In addition to his conducting duties, Kristopher is a founding member of Spire Symphonic and Chamber Choirs, Te Deum Chamber Choir, and the Kansas City Men's Ensemble, with which he recently performed at the Kansas Choral Directors Association state convention. He is a current member of the American Choral Directors Association, ASCAP, the International Hymn Society, and the Missouri Music Educators Association. He operates a full voice and piano studio in the Kansas City Metropolitan area, and he now serves as the executive director for the Dome and Spire Organ Foundation. Kristopher was featured in the American Choral Directors Association national publication as one of the nation's Top 25 Conductors Under 40. With The Ancora Chorale, he has now recorded its debut CD, "Blessed Assurance".

When Kristopher isn't singing, composing, or conducting, he enjoys cooking, spending time with his sweetheart, Harmony, chasing his puppy, Mailey, and skyping with his three children, Rush, Samuel, and Anna May.

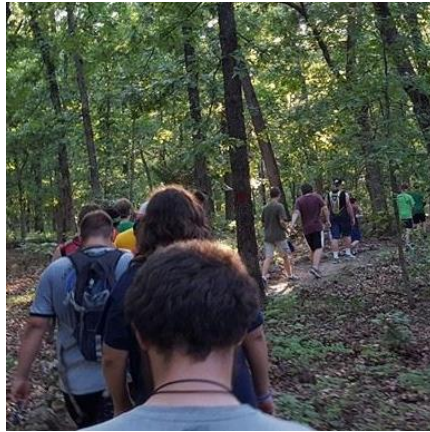
**PHOTOS FROM JUNE & JULY**



Vacation Bible School, June 26-29



Sunday, July 10



Troop 226 at Scout Camp



PRESBYTERIAN  
WOMEN

Thank you to all of the ladies who have completed and returned their Presbyterian Women (PW) surveys! The results have been tallied and more organizational planning is being done at this point. Watch for a Presbyterian Women's Meeting at the end of August or into September for the purpose of electing officers and moving forward.

If you haven't gotten your survey in yet and would like to have your voice heard, please return your survey immediately by mail to the church office (1400 W. Sheley Rd., Independence, MO 64052) or put it in the basket in the Tower Room.

Again, thank you for your support! We look forward to the adventures and ways that God will work through this undertaking. As always, if you have any questions please let one of us know.

-Mari Shineman, Karen Spader, and Bev Thieme



## FAMILY FUN NIGHT

Friday, August 12  
6:00 PM

Celebrate getting back to school! Snacks, games, toys, and fun for the whole family. This month, we'll be watching the classic *Mary Poppins*. Members are encouraged to bring a snack to share and invite friends. All are welcome – including dancing penguins!

# A DOSE of HUMOR



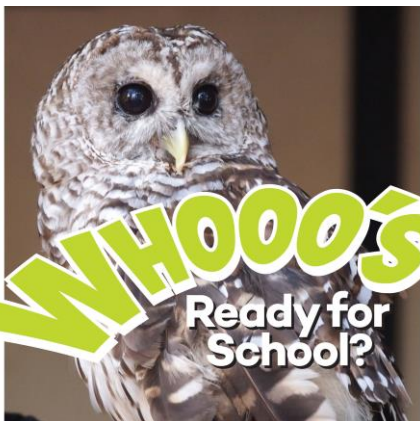
"If we're all dust, why take a bath before the service?"

~~oops!~~

From a school newsletter:

The group's next meeting will be held August 15th. All old and prospective members are invited. Light refreshments will be served.

Any prospective proofreaders are welcome, too!



## "Summer's not over yet, but . . ."

Soon enough we will see ads for "Back to School" sales. School seems to start earlier each year, and we begin to see store flyers for note books and pencils right after the Fourth of July!



## SCHOOL SUPPLY Drive

This year the Mission Committee will be collecting school supplies for needy students in the Procter Elementary (1403 W. Linden) attendance area which includes our church. So often the cost of needed supplies puts an undue burden on families. A community's "free and appropriate education" is not always free! The following is an abbreviated list for Procter students grades K-6. Please consider making a much needed donation for our neighborhood students!

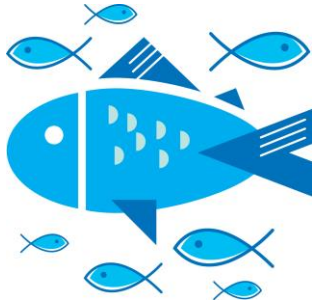
- Pencils
- Four-pack dry erase markers
- Classic washable markers (broad tip set of 8)
- 16 count crayons
- 8 oz washable glue
- Package of multi-colored construction paper
- Blunt/semi-sharp point scissors
- Two-pocket folders
- Soft pink erasers
- Pens: blue, black, red
- Colored Pencils
- 24 count crayons
- Glue Sticks
- Tissues
- Spiral Notebooks

Please see Mission Committee Moderator Susan Matthews if you have any questions.

### MISSOURI TAX FREE WEEKEND

August 5-7 is Missouri's tax-free weekend. clothing, school supplies, computers, and other items tax free. For more detailed information see the website:

[dor.mo.gov/business/sales/taxholiday/school](http://dor.mo.gov/business/sales/taxholiday/school)



## FISH BANK COLLECTION

Family weekend focused on the Good Samaritan and helping others. During Children's time last Sunday we passed around the Fish Banks to all in the congregation and realized we didn't have enough. This week we have a new supply of banks for those that didn't get one last week. The children were told that for the month of July to put their change in the bank for Heifer International to purchase 3 schools of fish fingerlings. Three schools of fish fingerlings cost \$300.00. Heifer International tells us that with our donation it will increase daily nutrition, encourage self-reliance by teaching skills in fish farming, and also supplement their income by selling fish.

As the old saying goes, "Teach a man to fish and he will eat for a lifetime." Please help us in our quest. Banks will be returned to church on August 7 during worship.



## Weekly Collections

In the narthex, Trinity has collection spots open every week for:

- canned and dry goods
- elementary school supplies
- gently used eyeglasses
- aluminum can tabs
- keys

You may drop off these items at any time.  
Thanks for helping out our community!



Friday, September 2 through  
Monday, September 5

Santa-Cali-Gon is quickly approaching and it's time to commit your time and energy to help make our funnel cake booth successful. Sign-up sheets will be available beginning August 7.

We will also be looking for people to sign up for the "manager" position. This person will be present at the booth to give breaks (if needed), make change for cashiers, handle any concerns that come up and just be the "contact" person for that time.

Please prayerfully consider how you can make our booth a success. If you have any question, please call Jan Privett 419-9405.



## WHO'S WHO?

### ANSWER

You guessed it! The answer is  
**Jenna Zakrajsek!**

Don't Miss the



The deadline for items submitted to the  
**September Bridge is Friday, August 26.**

Information for the weekly News Sheet  
is due each week on Wednesday by 1:00 p.m.